

THE FOOD FESTIVAL

... land, justice, environment, women, health, poverty, wealth, race

Bookings - You do need to book ahead for some of the events!

You will need to book and pay for the **healthy lunch** by the end of Wednesday 30 October if you would like one. You can do this at either of the two events on that day, or by emailing one of the people listed below. The lunch will cost R20. A limited number of free lunches are available for students who are struggling - but if you can afford to buy your own, please do, and please feel free to book and pay for extra lunches to help out with more free lunches.

You will need to book and pay for the **field trip** on Saturday by Thursday lunchtime 31 October, if you would like to go. The field trip will cost R30. A limited number of free seats are available. There are obviously limited seats, so please get yourself onto the list by contacting the tour organiser, Morag Peden (see contact details below), as soon as possible.

Sharing

Apart from sharing your healthy lunch, there are other ways you can share during the festival. Obviously, coming to the events is one way, especially if you join in the discussion. Another is to contribute to the blog (see below), or to write on the information wall in the Ronald MacMillan lecture theatre foyer during the festival, giving suggestions on what people can do, or providing information about other events, services, websites, good books, movies, etc etc. We will add these to the website, and will also produce a pamphlet of local services, organisations, and resources. You can also volunteer your help during the festival, or, of course, start or contribute to a food garden on or off campus.

Contact People

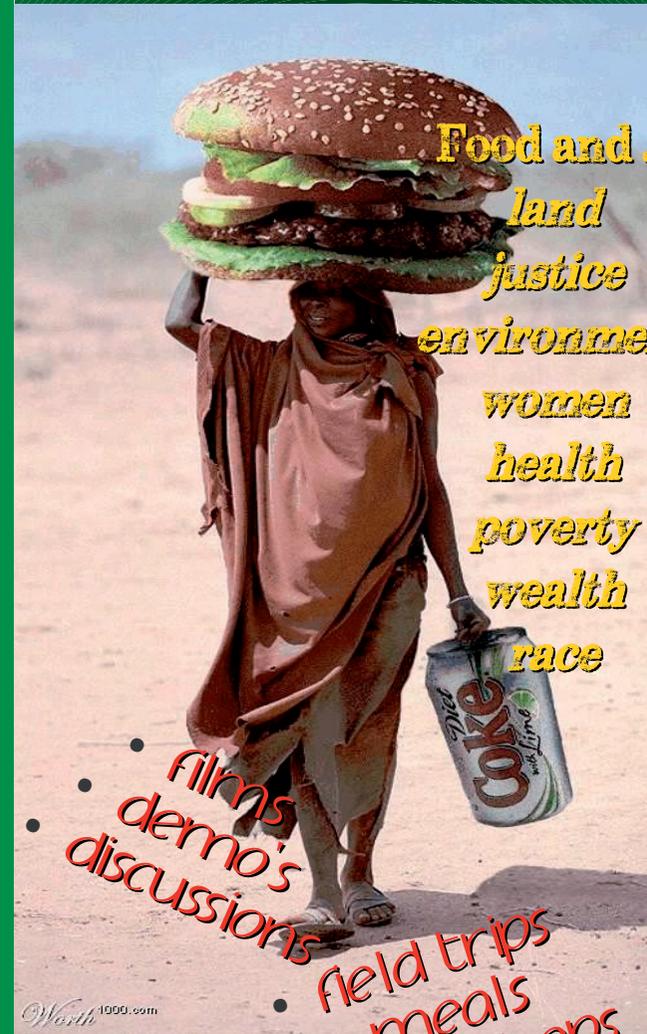
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30TH OCTOBER TO 3RD NOVEMBER

CHECK THE WEBSITE: [HTTP://CAE.UKZN.AC.ZA/FOOD.ASPX](http://cae.ukzn.ac.za/food.aspx)

Cover pic: www.worth1000.com

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Talking about real issues! Hunger, including student hunger, & health; GMOS & junk food; land rights & farm-worker struggles; how our food is made, & how it gets to our plates - & all the links between.

The Food Festival not only looks at what's happening, and why, but also at practical things we could do. It's for students, organisations, staff, farm workers, people of Maritzburg, social movements...

Let's talk about what's going on in our world and why, and what we can do about it.

ALL WELCOME!

**30TH OCTOBER TO 3RD NOVEMBER
PIETERMARITZBURG CAMPUS, UKZN**